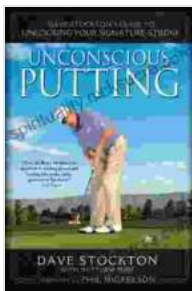


Dave Stockton's Guide to Unlocking Your Signature Stroke: Mastering the Art of Putting

Dave Stockton, a two-time PGA Champion and renowned putting guru, has spent decades studying the art of putting and developing a unique approach to help golfers of all levels improve their stroke.

In his book, "Dave Stockton's Putting Stroke," Stockton outlines his signature stroke, which he believes is the key to consistent putting success. The signature stroke is a simple, repeatable motion that allows golfers to make solid contact with the ball and control their distance and direction.



Unconscious Putting: Dave Stockton's Guide to Unlocking Your Signature Stroke by Dave Stockton

★★★★☆ 4.6 out of 5

Language : English
File size : 5217 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 143 pages



To unlock your signature stroke, Stockton recommends following these key steps:

1. **Establish a solid grip.** The grip is the foundation of your putting stroke. Stockton recommends using a "baseball grip," in which the left

hand (for right-handed golfers) is placed on top of the right hand, with the thumbs interlocking. This grip provides stability and helps to prevent the hands from moving independently of each other.

2. **Set up with your feet shoulder-width apart and your knees slightly bent.** This stance will help to keep you balanced and stable as you make your stroke.
3. **Take a short backswing, keeping your head down and your eyes focused on the ball.** The length of your backswing will depend on the distance you want to hit the ball. Stockton recommends keeping your backswing short and smooth, as this will help to prevent you from making an erratic stroke.
4. **Deliver the club with a smooth, pendulum-like motion.** The downswing should be a continuation of the backswing, with the clubhead moving in a straight line back to the ball. Avoid jerking the club or swinging it too hard. Instead, let the weight of the club do the work.
5. **Follow through with your stroke.** After you have hit the ball, continue to swing the club through to your finish position. This will help to ensure that you make solid contact with the ball and control your distance and direction.

Stockton also recommends practicing the signature stroke regularly. The more you practice, the more ingrained it will become in your muscle memory. This will help you to make more consistent putts, even under pressure.

In addition to the signature stroke, Stockton also provides a number of drills and exercises to help golfers improve their putting. These drills are designed to help golfers develop a better feel for the putting stroke, improve their alignment, and control their distance and direction.

If you are struggling with your putting, Dave Stockton's Guide to Unlocking Your Signature Stroke is a valuable resource. Stockton's simple, repeatable approach can help you to improve your putting stroke and lower your scores.

Putting Drills from Dave Stockton

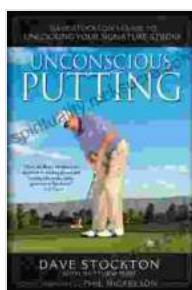
Here are a few of the putting drills that Stockton recommends to help golfers improve their putting:

- **The Straight Line Drill:** This drill helps to improve your alignment and control your distance. Place a tee or ball on the green in line with the hole. Then, take your stance and make a stroke, aiming to hit the tee or ball. Repeat this drill from different distances and angles.
- **The Gate Drill:** This drill helps to improve your stroke and tempo. Place two tees or balls on the green about shoulder-width apart. Then, take your stance and make a stroke, aiming to hit the first tee or ball. As you swing through, the clubhead should pass between the two tees or balls without hitting them. Repeat this drill until you can make a smooth, consistent stroke.
- **The Distance Control Drill:** This drill helps to improve your distance control. Place three tees or balls on the green at different distances from the hole. Then, take your stance and make three strokes, aiming

to hit each of the tees or balls. Focus on making a smooth, consistent stroke and controlling your distance with each putt.

By practicing these drills regularly, you can improve your putting stroke and lower your scores.

Putting is a challenging but rewarding part of golf. Dave Stockton's Guide to Unlocking Your Signature Stroke provides a simple, repeatable approach to help you improve your putting stroke and lower your scores. By following Stockton's advice and practicing the drills he provides, you can improve your alignment, control your distance and direction, and make more consistent putts.



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