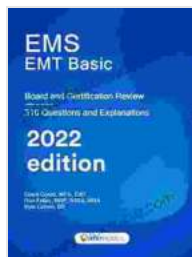


# Ems Basic Board And Certification Review: A Comprehensive Guide

Becoming an Emergency Medical Technician (EMT) is a rewarding career that can provide you with the opportunity to make a real difference in the lives of others. However, before you can start working as an EMT, you will need to pass the EMS Basic Board and Certification exam.



## EMS Basic: Board and Certification Review by Ben Tall

★★★★★ 5 out of 5

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The EMS Basic Board and Certification exam is a standardized test that assesses your knowledge of the skills and knowledge required to work as an EMT. The exam is administered by the National Registry of Emergency Medical Technicians (NREMT) and is required by most states in order to work as an EMT.

In this article, we will provide you with a comprehensive review of the EMS Basic Board and Certification process. We will discuss the eligibility requirements, study materials, and examination process. We will also discuss the benefits of certification and offer tips for preparing for the exam.

## **Eligibility Requirements**

To be eligible to take the EMS Basic Board and Certification exam, you must meet the following requirements:

- Be at least 18 years old
- Have a high school diploma or GED
- Successfully complete an accredited EMT-B training program

Once you have met the eligibility requirements, you can apply to take the exam by completing an application on the NREMT website.

## **Study Materials**

There are a variety of study materials available to help you prepare for the EMS Basic Board and Certification exam. Some of the most popular study materials include:

- NREMT Exam Preparation Manual
- EMT-B Study Guide by Ascencia Test Prep
- Kaplan EMT-B Exam Prep

In addition to these study materials, you may also want to consider taking a practice exam. Practice exams can help you get a feel for the exam format and identify areas where you need additional study.

## **Examination Process**

The EMS Basic Board and Certification exam is a computer-based exam that consists of 120 multiple-choice questions. The exam is divided into

four sections:

- Airway, Breathing, and Circulation (35 questions)
- Medical Emergencies (35 questions)
- Trauma Emergencies (35 questions)
- Special Situations (15 questions)

You will have 2 hours and 30 minutes to complete the exam. A passing score is 70%. If you do not pass the exam, you can retake it as many times as you need.

### **Benefits of Certification**

There are a number of benefits to becoming a certified EMT, including:

- Increased job opportunities
- Higher earning potential
- Greater respect from colleagues and patients
- Enhanced patient care skills

If you are considering a career as an EMT, we encourage you to pursue certification. Certification will give you the skills and knowledge you need to provide life-saving care to patients in need.

### **Tips for Preparing for the Exam**

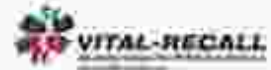
Here are a few tips to help you prepare for the EMS Basic Board and Certification exam:

- Start studying early and give yourself plenty of time to review the material.
- Use a variety of study materials, including textbooks, study guides, and practice exams.
- Join a study group or take a review course to get additional support.
- Take practice exams to get a feel for the exam format and identify areas where you need additional study.
- Get a good night's sleep before the exam and eat a healthy breakfast on the day of the exam.

With proper preparation, you can increase your chances of passing the EMS Basic Board and Certification exam and becoming a certified EMT.

The EMS Basic Board and Certification exam is an important step in becoming an EMT. By following the tips in this article, you can increase your chances of passing the exam and starting a rewarding career in emergency medical services.

# NREMT EMT Patient Assessment 2014 - Medical



## 1 SCENE SIZE-UP

Scene safe?

ESAL (glucose, Lactak, etc)  
MOI & NOI  
Number of patients?  
EMS

Who is in charge?  
Need EMT's your friend?  
Why do you call today?  
Is this a medical or trauma call?  
Checklist: Manual, Cognitive, Application Here!

## PRIMARY SURVEY/ RE-SUBSTITUTION

Verbalize general impression of the patient (what it is/was)

**L.O.C**  
level of consciousness

- RO "What's your name?"
- XO "What are you right hand?"
- XO "What day is it?"
- XO "Tell me what happened?"

Alert - responsive  
Vocal - responds to verbal  
Plain - responds to pain  
Unresponsive - no response

What is/are the Chief Complaint or Apparent Life-Threats?

## Check Airway

Open airway  
Suction needed?  
**Check Oxygenation**  
Always use O2  
EIM POC Pressure C/P

## Check Circulation

Check pulse, Rate & Quality  
Always use Color, Temp, Capillary  
Always & always check skin color  
Blood vessel if needed  
Initiate shock management  
Patient Priority (Transport)

## History

**Onset** - When did this start? What were you doing?  
**Provocation** - What makes it feel better or worse?  
**Quality** - Can describe the pain? Cut, Sharp...  
**Radiation** - Where else you feel it?  
**Severity** - On a scale of 0 to 10?  
**Time** - How long has this been going on?

## 4 SECONDARY ASSESSMENT

- 1. General Appearance & Mental Status
- 2. Primary Survey
- 3. Complete Vital Signs
- 4. Head-to-Toe
- 5. Re-examine
- 6. Reassess
- 7. History
- 8. Physical Examination
- 9. Psychosocial
- 10. Re-evaluate

## 5 VITAL SIGNS

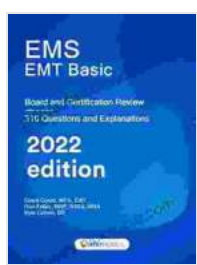
**Essential Vitals**  
Blood Pressure  
Respiration Rate & Quality  
Heart Rate (Rate & Quality)  
Temp (Body Temp & Core Temp)  
Pulse (Rate)  
SpO2 (Oxygen Saturation)  
**Station Field**  
Impression of patient  
Interventions

## 6 Reassessment

Mental status?  
Re-check vitals  
Re-check interventions  
OOL (onset, location, quality, severity)

Re-evaluate  
**5 minutes for Critical Patient**  
**15 minutes for Stable**

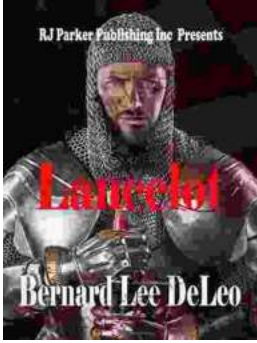
Identify Care and Document the Call



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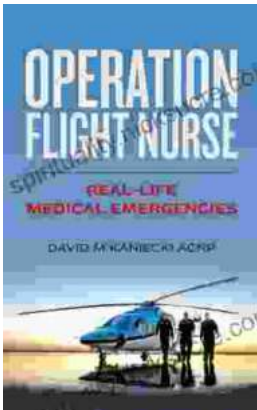
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