

Flying with Baby: The Essential Guide to Flying Domestically With Infants Under 12 Months

Traveling with an infant can be stressful, but it doesn't have to be. This guide will provide you with everything you need to know about flying domestically with infants under 12 months, from choosing the right airline to packing the perfect diaper bag.

Not all airlines are created equal when it comes to flying with infants. Some airlines offer more amenities for families, such as bassinets, changing tables, and nursing rooms. Others have more restrictive policies on things like car seats and strollers.

When choosing an airline, it's important to consider your needs and preferences. If you're traveling with a young infant, you'll want to choose an airline that offers bassinets. If you're planning on breastfeeding or pumping on the plane, you'll want to make sure the airline allows it.



Flying with Baby - The Essential Guide to Flying Domestically with Infants Under 1 Year Old by Meg Collins

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Here is a list of the major airlines in the United States and their policies on flying with infants:

- **Delta Air Lines:** Delta offers bassinets for infants under 20 pounds. You can request a bassinet when you book your flight or at the gate. Delta also allows breastfeeding and pumping on planes.
- **United Airlines:** United offers bassinets for infants under 25 pounds. You can request a bassinet when you book your flight or at the gate. United also allows breastfeeding and pumping on planes.
- **American Airlines:** American Airlines offers bassinets for infants under 20 pounds. You can request a bassinet when you book your flight or at the gate. American Airlines also allows breastfeeding and pumping on planes.
- **Southwest Airlines:** Southwest Airlines does not offer bassinets. However, you can bring your own car seat and use it on the plane. Southwest Airlines also allows breastfeeding and pumping on planes.
- **JetBlue Airways:** JetBlue Airways offers bassinets for infants under 25 pounds. You can request a bassinet when you book your flight or at the gate. JetBlue Airways also allows breastfeeding and pumping on planes.

Packing the perfect diaper bag is essential for flying with an infant. You'll want to make sure you have everything you need to keep your baby comfortable and entertained during the flight.

Here is a list of essential items to pack in your diaper bag:

- Diapers: Pack enough diapers for the entire flight, plus a few extra.
- Wipes: Pack a large pack of wipes.
- Changing pad: This will come in handy for changing diapers on the plane.
- Clothes: Pack a few extra outfits for your baby in case of spills or accidents.
- Burp cloths: Burp cloths are essential for preventing spit-up from getting on your clothes.
- Pacifier: If your baby uses a pacifier, don't forget to pack it.
- Toys: Pack a few small toys to keep your baby entertained during the flight.
- Books: Books are a great way to keep your baby calm and occupied during the flight.
- Snacks: Pack a few healthy snacks for your baby in case they get hungry.
- Water bottle: Pack a water bottle for yourself and your baby.
- Breast pump: If you're planning on breastfeeding or pumping on the plane, don't forget to pack your breast pump.
- Nursing cover: If you're planning on breastfeeding on the plane, a nursing cover can help you feel more comfortable.

When you check in for your flight, be sure to tell the agent that you're traveling with an infant. This will help them make sure you get the best possible seat for your family.

Once you're at the gate, you can usually board the plane early with other families with young children. This will give you time to get your baby settled in before the other passengers board.

Once you're on the plane, you can relax and enjoy the flight. Here are a few tips for making the flight more comfortable for you and your baby:

- Feed your baby before takeoff and landing. This will help to prevent ear pain.
- If your baby is using a bottle, be sure to ask the flight attendant for warm water to make the bottle.
- If you're breastfeeding, you can breastfeed your baby on the plane. Most airlines provide nursing rooms or allow you to breastfeed in your seat.
- If you're pumping, you can pump in the bathroom or in a nursing room.
- Change your baby's diaper as needed. There are changing tables in the bathrooms on all planes.
- Walk around the cabin with your baby as much as possible. This will help to keep your baby from getting restless.
- Talk to your baby and sing to them. This will help to keep them calm and entertained.

Once the plane has landed, you can disembark with your baby. Be sure to gather all of your belongings before you leave the plane.

When you're traveling with an infant, it's important to be flexible. Things don't always go according to plan, so don't be afraid to ask for help from the flight attendants or other passengers.

With a little planning and preparation, you can make flying with an infant a positive experience for everyone involved.



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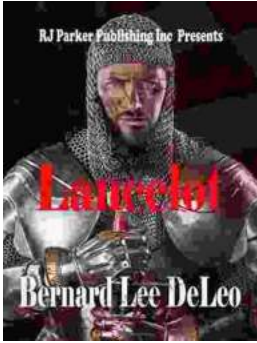
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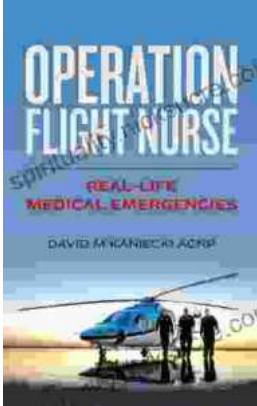
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