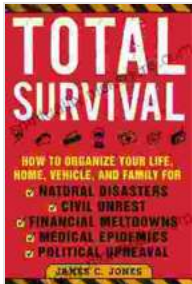


How To Organize Your Life Home Vehicle And Family For Natural Disasters Civil



Total Survival: How to Organize Your Life, Home, Vehicle, and Family for Natural Disasters, Civil Unrest, Financial Meltdowns, Medical Epidemics, and Political Upheaval by James C. Jones

★★★★☆ 4.6 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
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Print length : 194 pages



Natural disasters and civil unrest can happen at any time, so it's important to be prepared. Being prepared means having a plan in place and taking steps to organize your life, home, vehicle, and family.

This article will provide you with tips on how to do just that. We'll cover everything from creating a disaster preparedness plan to stocking up on essential supplies and securing your home. We'll also provide tips on how to keep your family safe during a natural disaster or civil unrest.

Creating a Disaster Preparedness Plan

The first step to being prepared for a natural disaster or civil unrest is to create a disaster preparedness plan. This plan should outline what you and your family will do in the event of a disaster. It should include information on where you will go, what you will do, and who you will contact.

Your plan should be tailored to your specific needs and circumstances. However, there are some general things that all disaster preparedness plans should include:

* A list of emergency contacts * A plan for evacuation * A plan for sheltering in place * A list of essential supplies * A communication plan * A plan for reunification

Once you have created a disaster preparedness plan, make sure to share it with your family and friends. It's also a good idea to keep a copy of your plan in your vehicle and at work.

Stocking Up on Essential Supplies

In the event of a natural disaster or civil unrest, it's important to have a stockpile of essential supplies. These supplies should include:

* Food * Water * First aid supplies * Medications * Sanitation supplies * Clothing * Bedding * Tools * Hygiene products * Important documents

The amount of supplies you need will vary depending on the size of your family and the length of time you expect to be without power or water. It's a good idea to have at least a three-day supply of food and water on hand.

You should also have a plan for how you will cook food and purify water in the event of a power outage.

Securing Your Home

In the event of a natural disaster or civil unrest, it's important to secure your home. This means taking steps to protect your home from damage and looting.

Here are some tips for securing your home:

- * Install deadbolts and security locks on all doors and windows.
- * Reinforce your doors and windows with steel plates or bars.
- * Trim trees and shrubs around your home to reduce the risk of damage from falling branches.
- * Secure loose items in your yard, such as patio furniture and grills.
- * Have a plan for how you will secure your valuables in the event of a disaster.

Protecting Your Family

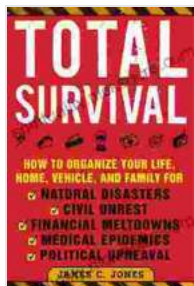
In the event of a natural disaster or civil unrest, it's important to protect your family. This means taking steps to keep your family safe and informed.

Here are some tips for protecting your family:

- * Have a plan for how you will communicate with your family members in the event of a disaster.
- * Make sure your family members know where to go and what to do in the event of a disaster.
- * Teach your family members basic first aid and CPR.
- * Have a plan for how you will evacuate your family in the event of a disaster.
- * Make sure your family members have access to essential supplies, such as food, water, and medications.

Being prepared for a natural disaster or civil unrest is essential for protecting your life, home, vehicle, and family. By following the tips in this article, you can take steps to be prepared for any emergency.

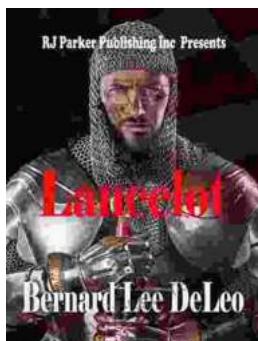
Remember, the best way to be prepared is to have a plan and to practice your plan. Make sure to review your plan with your family and friends, and practice your plan regularly. By being prepared, you can help to ensure your safety and the safety of your loved ones.



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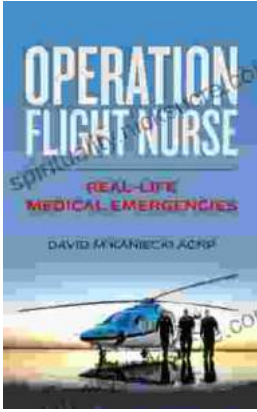
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