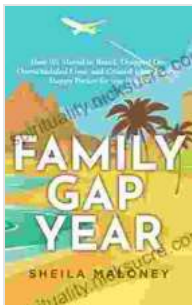


# How We Moved to Brazil, Dropped Our Overscheduled Lives, and Created a Sustainable Oasis

We are a family of four who moved to Brazil from the United States in 2015. We had been living in a small town in New Hampshire, where we both worked full-time and our kids went to school.

We were always busy, and we felt like we were always running from one thing to the next. We never had any time to relax or spend time together as a family.



## Family Gap Year: How We Moved to Brazil, Dropped Our Overscheduled Lives, and Created a Sustainable, Happy Future for our Family by Sheila Maloney

★★★★☆ 4.6 out of 5

Language : English  
File size : 1456 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 167 pages  
Lending : Enabled  
Screen Reader : Supported



We decided to move to Brazil because we wanted to live a more sustainable and fulfilling life. We wanted to find a place where we could grow our own food, raise our own animals, and live in harmony with nature.

We bought a small farm in the countryside of Bahia, and we have been living here ever since. We grow our own fruits, vegetables, and herbs. We have chickens, ducks, and goats. We also have a solar panel system that provides us with electricity.

We love living in Brazil. The people are friendly and welcoming. The climate is warm and sunny. And the food is amazing!

We have learned so much about sustainable living since we moved here. We have learned how to grow our own food, how to raise animals, and how to live in harmony with nature.

We are so grateful for the life we have created in Brazil. We are living a more sustainable, fulfilling, and happy life than we ever did in the United States.

### **Here are some of the benefits of moving to Brazil:**

- **The cost of living is lower.** We can live comfortably on a fraction of what we would spend in the United States.
- **The people are friendly and welcoming.** We have been made to feel at home from the moment we arrived.
- **The climate is warm and sunny.** We can enjoy the outdoors all year round.
- **The food is amazing!** Brazil is a melting pot of cultures, and the food reflects that.
- **There are plenty of opportunities to live a sustainable life.** Brazil is a leader in renewable energy and sustainable agriculture.

## **Here are some of the challenges of moving to Brazil:**

- **The language barrier.** Portuguese is the official language of Brazil, and it can be difficult to learn.
- **The culture is different.** Brazil is a very different country than the United States, and it can take some time to adjust to the different customs and values.
- **The bureaucracy.** Brazil has a lot of bureaucracy, and it can be difficult to get things done.
- **The crime rate.** The crime rate in Brazil is higher than in the United States, and it is important to be aware of your surroundings.
- **The healthcare system.** The healthcare system in Brazil is not as good as in the United States, and it is important to have health insurance.

**Overall, we are very happy with our decision to move to Brazil. We have created a sustainable and fulfilling life for ourselves and our family.**

If you are considering moving to Brazil, we encourage you to do your research and be prepared for the challenges. But if you are looking for a more sustainable and fulfilling life, Brazil is a great place to call home.

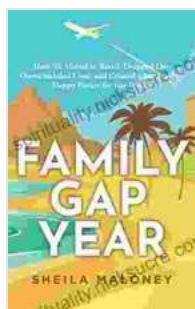
## **Here are some tips for moving to Brazil:**

- **Learn some Portuguese before you arrive.** This will make it easier to communicate with people and get around.
- **Be prepared for the culture shock.** Brazil is a very different country than the United States, and it can take some time to adjust to the

different customs and values.

- **Do your research on the different regions of Brazil.** Brazil is a large country with many different climates and cultures. Choose a region that is a good fit for you and your family.
- **Get a visa before you arrive.** You will need a visa to stay in Brazil for more than 90 days.
- **Be prepared for the bureaucracy.** Brazil has a lot of bureaucracy, and it can be difficult to get things done. Be patient and persistent.
- **Be aware of your surroundings.** The crime rate in Brazil is higher than in the United States, and it is important to be aware of your surroundings.
- **Get health insurance.** The healthcare system in Brazil is not as good as in the United States, and it is important to have health insurance.

We hope this article has been helpful. If you have any questions, please feel free to leave a comment below.



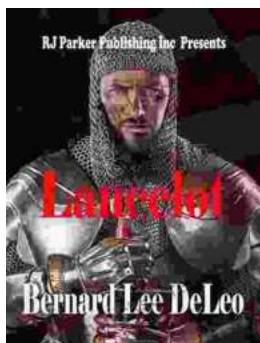
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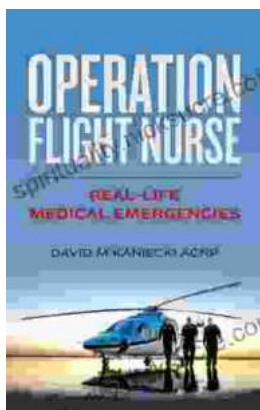
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