# **Montessori: The Science Behind the Genius**

Maria Montessori was an Italian physician and educator who developed the Montessori method of education in the early 1900s. Montessori's method is based on the belief that children learn best through self-directed activity and hands-on exploration. She believed that children have a natural desire to learn and that they should be provided with an environment that supports their individual development.



#### Montessori: The Science Behind the Genius

by Angeline Stoll Lillard 🛨 🛨 🛨 🛨 🔺 4.8 out of 5 Language : English : 29436 KB File size Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting : Enabled Word Wise : Enabled Print length : 492 pages : Enabled Lending



The Montessori method has been shown to have a number of benefits for children. Research has shown that Montessori children have better academic outcomes, are more independent and self-reliant, and have higher levels of social and emotional development than children who are educated in traditional schools.

One of the key principles of Montessori education is the importance of selfdirected learning. Montessori believed that children learn best when they are allowed to choose their own activities and learn at their own pace. She also believed that it is important to provide children with a variety of activities that are challenging and engaging.

Another key principle of Montessori education is the use of hands-on materials. Montessori believed that children learn best through experience and that they should be given the opportunity to explore and learn through their senses. She developed a number of Montessori materials that are designed to help children develop their cognitive, physical, and social skills.

The Montessori method also emphasizes the importance of collaborative play. Montessori believed that children learn best when they are able to interact with other children and learn from each other. She also believed that it is important to provide children with opportunities to cooperate and work together.

The Montessori method has been used in schools around the world for over 100 years. It is a proven method of education that can help children reach their full potential. If you are looking for an educational approach that is based on sound scientific principles and that can help your child develop intellectually, socially, and emotionally, then the Montessori method may be right for you.

### The Science Behind the Montessori Method

There is a growing body of scientific research that supports the effectiveness of the Montessori method of education. Here are a few examples:

- A study by the University of North Carolina at Chapel Hill found that Montessori children had significantly higher scores on standardized achievement tests than children who were educated in traditional schools.
- A study by the University of California, Los Angeles found that Montessori children had better spatial reasoning skills than children who were educated in traditional schools.
- A study by the University of Texas at Austin found that Montessori children had higher levels of social competence than children who were educated in traditional schools.

These studies provide evidence that the Montessori method of education can help children achieve better academic, cognitive, and social outcomes.

## How to Choose a Montessori School

If you are interested in finding a Montessori school for your child, there are a few things you should keep in mind.

- Make sure that the school is accredited by a reputable organization, such as the American Montessori Society or the Association Montessori Internationale.
- Visit the school and observe the classrooms to see if they are a good fit for your child.
- Talk to the teachers and administrators to learn more about the school's philosophy and curriculum.

Choosing the right Montessori school for your child is an important decision. It is important to do your research and choose a school that is a good fit for your child's individual needs.

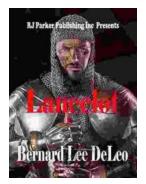
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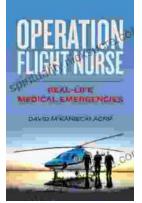
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