

Ticklish New Ways to Help Your Child Learn and Love Play



Ticklish — New Ways to Help Your Child Learn, Love & Play by Bethany Hamilton

★★★★☆ 4 out of 5

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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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Play is an essential part of childhood. It helps children learn, grow, and develop their imagination. But did you know that play can also be ticklish? Ticklish play is a fun and engaging way to help your child learn new skills, connect with you, and develop a lifelong love of learning and play.

In this article, we will explore the benefits of ticklish play and provide you with some tips on how to incorporate it into your child's daily routine.

The Benefits of Ticklish Play

There are many benefits to ticklish play, including:

- **Helps children learn.** Ticklish play can help children learn about their bodies, their surroundings, and the world around them. For example,

you can use ticklish play to teach your child about different body parts, or you can use it to teach them about animals or different cultures.

- **Promotes laughter and bonding.** Ticklish play is a great way to bond with your child and to share laughter. Laughter is a powerful emotion that can help to reduce stress, improve mood, and strengthen relationships.
- **Fosters a lifelong love of learning and play.** When children are exposed to ticklish play, they learn that learning and play can be fun. This can help them to develop a lifelong love of learning and play, which will benefit them throughout their lives.

Tips for Incorporating Ticklish Play into Your Child's Routine

Here are a few tips on how to incorporate ticklish play into your child's routine:

- **Start slowly.** If your child is not used to being tickled, start slowly by gently tickling them on their feet or hands. As they become more comfortable, you can gradually increase the intensity of the tickling.
- **Pay attention to your child's cues.** Some children love to be tickled, while others may find it uncomfortable or overwhelming. Pay attention to your child's cues and stop tickling them if they seem upset or uncomfortable.
- **Be creative.** There are many different ways to incorporate ticklish play into your child's routine. You can use ticklish play to teach them about different body parts, to play games, or to simply have fun and bond with them.

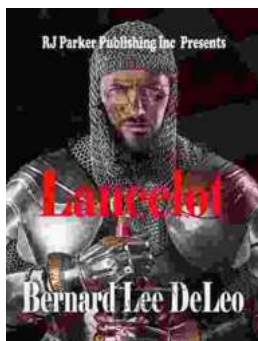
Ticklish play is a fun and engaging way to help your child learn, grow, and develop. It can help them learn about their bodies, their surroundings, and the world around them. It can also promote laughter and bonding, and foster a lifelong love of learning and play. So next time you're looking for a fun activity to do with your child, try incorporating some ticklish play into your routine. You'll both be glad you did!



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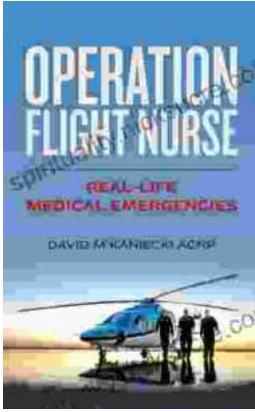
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